



MONSOON POON

TRADING HOUSE RESTAURANT



ALLERGY MENU



GLUTEN-FREE

ENTRÉES

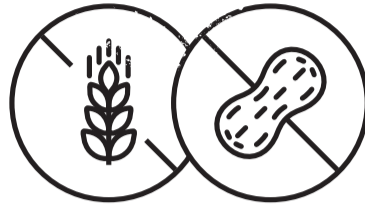
Carrot & Cumin Dip with Roti Chips*
Malai Chicken
Thai Gulf Jumbo Prawns
Vietnamese Summer Rolls

MAINS

Butter Chicken
Thai Yellow Chicken Curry
25 Herb & Spice Lamb Curry
Thai Beef Salad*

SIDES

South Indian Spice Scented Lentil Curry
Poppadoms



GLUTEN-FREE & NUT-FREE

ENTRÉES

Carrot & Cumin Dip with Roti Chips*
Malai Chicken
Thai Gulf Jumbo Prawns
Vietnamese Summer Rolls

MAINS

Butter Chicken
Thai Yellow Chicken Curry
25 Herb & Spice Lamb Curry
Thai Beef Salad*

SIDES

South Indian Spice Scented Lentil Curry
Poppadoms



GLUTEN-FREE & DAIRY-FREE

ENTRÉES

Carrot & Cumin Dip with Roti Chips*
Thai Gulf Jumbo Prawns
Vietnamese Summer Rolls

MAINS

Thai Yellow Chicken Curry
25 Herb & Spice Lamb Curry
Thai Beef Salad*

SIDES

Poppadoms



FISH, SHELLFISH & SEAFOOD FREE

ENTRÉES

Chilli & Lemongrass Spiced Cashews
Carrot & Cumin Dip with Roti Chips
Kung Pao Chicken Wings
Malai Chicken
Krishna Pakhora
Vietnamese Summer Rolls*
Stuffed Naan

MAINS

Beef Rendang
Butter Chicken
Thai Yellow Chicken Curry
25 Herb & Spice Lamb Curry
Kashmir Potato, Pea & Cauliflower Curry
Sichuan Style Clay Pot*
Thai Beef Salad*
Peking Duck Salad
Indian Empire Spiced Chickpea Salad
Black Pepper & Chilli Tofu
Singapore Fried Noodles*
Bangkok Street Noodles*
Roast Duck Mee Goreng*

SIDES

All Breads
Poppadoms
Bok Choy*
South Indian Spice Scented Lentil Curry



VEGETARIAN

ENTRÉES

Chilli & Lemongrass Spiced Cashews
Carrot & Cumin Dip with Roti Chips
Krishna Pakhora
Vietnamese Summer Rolls*

MAINS

Kashmir Potato, Pea & Cauliflower Curry
Sichuan Style Clay Pot*
Singapore Fried Noodles*
Bangkok Street Noodles*
Roast Duck Mee Goreng*
Black Pepper & Chilli Tofu
Indian Empire Spiced Chickpea Salad

SIDES

All Breads
Bok Choy*
South Indian Spice Scented Lentil Curry



VEGAN

ENTRÉES

Chilli & Lemongrass Spiced Cashews
Carrot & Cumin Dip with Roti Chips*
Krishna Pakhora
Vietnamese Summer Rolls*

MAINS

Sichuan Style Clay Pot*
Singapore Fried Noodles*
Bangkok Street Noodles*
Indian Empire Spiced Chickpea Salad*

SIDES

Poppadoms
Bok Choy*

* = ON REQUEST ONLY | RICE IS SUITABLE FOR ALL ALLERGIES
PLEASE TURN OVER FOR MORE ALLERGY INFORMATION



MONSOON POON

TRADING HOUSE RESTAURANT



ALLERGY MENU



DAIRY-FREE

ENTRÉES

- Prawn Crackers
- Chilli & Lemongrass Spiced Cashews
- Carrot & Cumin Dip with Roti Chips*
- Kung Pao Chicken Wings
- Peppered Squid
- Vietnamese Summer Rolls
- Thai Gulf Jumbo Prawns
- Spice Grill Chicken Satay
- Krishna Pakhora

MAINS

- Shaking Beef
- Bali Prawns
- Firecracker Chicken
- Beef Rendang
- Malay Hawker Style Fried Fish & Prawns
- Malabar Fish Curry
- Nasi Goreng
- Thai Yellow Chicken Curry
- 25 Herb & Spice Lamb Curry
- Sticky Pork Belly
- Sichuan Style Clay Pot
- Thai Beef Salad
- Peking Duck Salad
- Indian Empire Spiced Chickpea Salad*
- Singapore Fried Noodles
- Bangkok Street Noodles
- Roast Duck Mee Goreng

SIDES

- Poppadoms
- Bok Choy
- Sweet Chilli Eggplant



CHILLI-FREE

ENTRÉES

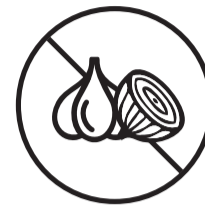
- Prawn Crackers
- Carrot & Cumin Dip with Roti Chips*
- Thai Gulf Jumbo Prawns
- Vietnamese Summer Rolls*
- Spice Grill Chicken Satay*

MAINS

- Peking Duck Salad
- Thai Beef Salad*
- Shaking Beef
- Bangkok Street Noodles*
- Roast Duck Mee Goreng

SIDES

- All Breads
- Bok Choy



ONION & GARLIC-FREE

ENTRÉES

- Chilli & Lemongrass Spiced Cashews
- Peppered Squid*
- Vietnamese Summer Rolls
- Krishna Pakhora

MAINS

- Singapore Fried Noodles*
- Roast Duck Mee Goreng*
- Bangkok Street Noodles*
- Thai Beef Salad*
- Indian Empire Spiced Chickpea Salad

SIDES

- Roti
- Classic Naan
- Poppadoms
- Bok Choy*



CONTAINS CORIANDER

ENTRÉES

- Carrot & Cumin Dip with Roti Chips
- Firecracker Sliders
- Little Dragon Tacos*
- Malai Chicken
- Thai Gulf Jumbo Prawns
- Vietnamese Summer Rolls
- Krishna Pakhora*
- Kung Pao Chicken Wings*

MAINS

- Bali Prawns
- Firecracker Chicken
- Butter Chicken
- Malabar Fish Curry
- Thai Yellow Chicken Curry
- Kashmir Potato, Pea & Chickpea Curry
- 25 Herb & Spice Lamb Curry
- Sticky Pork Belly
- Thai Beef Salad*

SIDES

- Sweet Chilli Eggplant*
- South Indian Spice Scented Lentil Curry



CONTAINS EGG

ENTRÉES

- Prawn Crackers
- Peppered Squid
- Firecracker Sliders*

MAINS

- Nasi Goreng*
- Singapore Fried Noodles*
- Bangkok Street Noodles*
- Roast Duck Mee Goreng



CONTAINS NUTS

ENTRÉES

- Chilli & Lemongrass Spiced Cashews
- Spice Grill Chicken Satay*

MAINS

- Malay Hawker Style Fried Fish & Prawns
- Bangkok Street Noodles*
- Thai Beef Salad*
- Peking Duck Salad*
- Indian Empire Spiced Chickpea Salad*