

Eat Live Love – Italian

Parnell

TAKE AWAY

OLEMAN

Henderson	Ponsonby		
Hobson St	New Lynn		
Papanui	Riccarton		

1	Traditional Pizzas				<b>Gourmet Pizzas</b>			
	Extra Toppings from							
,	S \$1.00 M \$1.20 L \$1.50	S	M	L		S	M	L
1.	Original Porchetta Tomato base, mozzarella, lean pork sausage, basil & olive oil	11.60	13.00	15.10	Focaccia Ripiena Prosciutto Crudo	13.90	16.50	18.80
2.	Super Special Tomato base, mozzarella, ham, anchovies, mushrooms, olives, capsicum		13.00	15.10	Prosciutto crudo, mozzarella, garlic, basil & olive oil  Focaccia Ripiena Cheese	12.60	14.10	15.10
3.	& hot salami  Marinara  Tomato base, mozzarella, garlic, olives,	9.70	12.30	13.60	Mozzarella, garlic, basil & olive oil Focaccia Ripiena Mediterranean	13.90	16.50	18.80
4.	shrimps & smoked mussels <b>Quattro Gusti (set 4 corners)</b> American, Napoletana, Pineapple &  Margherita	9.10	10.70	12.90	Tomato sauce, fetta, semi-dried tomatoes, marinated vegetables, basil & olive oil			
5.	Vegetarian Tomato base, mozzarella, mushrooms, olives & capsicum	9.10	10.70	12.90	Chicken Satay Tomato sauce, mozzarella, chicken, onions topped with satay sauce	13.90	16.50	18.80
6.	American Tomato base, mozzarella & hot salami	9.10	10.70	12.90	Vegetarian Antipasto Tomato base, marinated artichokes,	13.90	16.50	18.80
7.	Mushroom Tomato base, mozzarella with freshly sliced mushrooms	9.10	10.70	12.90	eggplant, semi-dried tomatoes, olives, capers, mushrooms, zucchini & mozzarella			
8.	Capricciosa Tomato base, mozzarella, ham, mushrooms, anchovies & olives	9.10	10.70	12.90	Smoked Salmon Tomato base, smoked salmon, onions, capers, mozzarella, basil & olive oil	13.90	16.50	18.80
9.	Napoletana Tomato base, mozzarella, olives, anchovies & oregano	9.10	10.70	12.90	Rocky's Special Tomato base, slices of tomato,	13.90	16.50	18.80
10.	<b>Aussie</b> Tomato base, mozzarella, ham, topped with an egg	9.10	10.70	12.90	mozzarella, tuna, marinated seafood, basil, olive oil on a tomato sauce base			
11.	Focaccia with cheese Mozzarella & crushed fresh garlic	7.90	9.20	10.30	Caprese Tomato base, bocconcini of mozzarella, fresh tomatoes, fresh basil leaves &	13.90	16.50	18.80
12.	Pineapple Tomato base, mozzarella, ham & pineapple	9.10	10.70	12.90	olive oil  Sun-dried Tomato	13.90	16.50	18.80
13.	Margherita Tomato base, mozzarella & oregano		10.70		Sun-dried tomatoes, slices of tomato, mozzarella, basil, olive oil on a tomato sauce base			
14.	Focaccia (Garlic or Herb) Fresh crushed garlic or herbs (oregano & basil)	7.00	8.20	9.30	Fresh Tomato Slices of fresh tomato, mozzarella,	12.60	14.10	15.10
15.	Bruschetta Diced fresh tomato, fresh red onion, fresh basil, olive oil, salt & pepper	11.60	13.00	15.10	basil & olive oil on a tomato sauce base			
16.	Mexicana Tomato base, mozzarella, capsicum, hot salami & chilli	9.10	10.70	12.90				
17.	The Lot Tomato base, mozzarella, ham, mushrooms, capsicum, hot salami, olives, onions, shrimps, bacon, pineapple & anchovies	13.00	15.70	16.90	No changes to Gourmet Pizzas - (No half and half)			
18.	Chicken Tomato base, mozzarella, chicken, pineapple, with tangy BBQ sauce	11.60	13.00	15.10	OLIVE PITS MAY STILL BE PR PIZZA BASES ARE MADE IN H		l	
19.	Meat Lovers Tomato base, mozzarella, ham, hot salami, pork sausage & bacon pieces	11.60	13.00	15.10	PLEASE TELL US IF YOU HAV		ALLI	ERGIES

#### **Pastas**

Choose a type of pasta - • Penne • Gnocchi • Fettuccine • Spa	ghetti	
• Tortellini • Ravioli • Risotto  Then select one our delicious sauces below	Е	M
Napoletana A simple favourite. Homemade tomato, onion & basil sauce		16.10
Bolognese Lean minced meat cooked in a flavoursome homemade tomato, onion, carrot, celery &	12.60	16.10
fresh basil sauce  Carbonara  Lean bacon pieces combined with egg &	12.60	16.10
freshly grated parmesan in a cream sauce <b>Mushroom</b> Freshly sliced mushrooms cooked in a tempting cream sauce with freshly grated	12.60	16.10
marinara A selection of mixed seafood in a homemade tomato, garlic, olive oil & white wine sauce	13.80	17.40
Calabrese Italian-style salami, red capsicum, olives, onion and chilli in a Napoletana sauce	13.80	17.40
Pollo e Avocado Lean chicken pieces cooked in a cream sauce with sliced avocado and freshly grated parmesan	13.80	17.40
Alla Matriciana Lean bacon pieces, red capsicum, onion, chilli in a homemade tomato & basil sauce	13.80	17.40
Pollo e Funghi Lean chicken pieces, spring onions, freshly sliced mushrooms cooked with grated parmesan cream sauce	13.80	17.40
Beef Ragu Tender pieces of beef slowly simmered in a tomato base sauce	12.60	16.10
Vegetarian Alfredo Mixed seasonal vegetables in Napoletana sauce with a dash of cream	12.60	16.10
Pesto Pine nuts, fresh basil, parsley, garlic & olive oil blended with cream & grated parmesan	12.60	16.10
Al Burro Creamy butter sauce	9.90	11.90
Creamy Salmon Smoked salmon with cream, capers, parmesan, parsley and spring onion	13.80	17.40
Risotto Arborio rice cooked with your choice of sauce. (Choose sauce from 'Pastas' section)	Entre o	2.00 to r Main ta size
Lasagna Fresh pasta sheets layered with traditional Bolognese sauce, mozzarella & parmesan	12.60	16.10
Cannelloni (Vegetarian) Fresh pasta wrapped around a ricotta & spinach filling, topped with tomato & basil sauce	12.60	16.10

# **Main Meals**

All main meals are served with two sides, with a choice of the following:

• chips and fresh salad • or chips and steamed seasonal vegetables

Additional accompaniments - add \$3.00

Schnitzel - Beef or Chicken
Breadcrumbed tender beef or chicken breast cooked until lightly golden

Parmigiana - Beef or Chicken

22.90

Breadcrumbed tender beef or chicken breast cooked until lightly golden, topped with mozzarella & homemade Napoletana sauce

Scaloppine - Beef or Chicken \* 25.50 Lightly floured & grilled beef or chicken breast pieces served with your choice of sauce

**Steak - Porterhouse, Rump or T-Bone \*** 25.90 Grilled the way you like & served with your choice of sauce

**Grilled Chicken Breast \*** 25.50 Tender grilled chicken breast served with your choice

Tender grilled chicken breast served with your choice of sauce

\* A choice of sauce is included with

• Scaloppine • or Steak • or • Grilled Chicken Breast dishes.

Choose from sauces below -

Mushroom Mushrooms simmered in a tempting cream sauce

Mexican Sliced capsicum, onions, hot chilli simmered in a tomato sauce

Vino Bianco A delicate white wine sauce

Limone A zesty sauce made with lemon juice and a touch of cream

Pepper A peppery favourite

Chilli Prawns 23.90
Prawns cooked with garlic, olive oil, hot chilli & a
Napoletana sauce served on a bed of rice

Additional sauce - add \$3.00

Garlic Prawns
Prawns in a delicious garlic, white wine, parsley & cream sauce served on a bed of rice

Fried Calamari
Tender breadcrumbed calamari rings lightly cooked
until golden

Grilled Fish
Delicately grilled fillets of ocean fish

Frittura Mista 23.90
A basket of deep-fried & crumbed seafood. (1 piece of fish, 7 calamari rings, 3 scallops & 3 prawns lightly cooked until golden)

Seafood Basket
A succulent selection of deep-fried & crumbed seafood. (5 prawns, 5 scallops, 7 calamari & 3 fish) serves 2-3 people

#### **Sides**

Garlic Bread Crusty bread baked with butter, fresh garlic & herbs	5.90
Minestrone The classic Italian soup – a tomato base with fresh vegetables	7.90
<b>Bowl of Chips</b> Choice sliced potatoes cooked until lightly golden	5.90
Antipasto Plate for one Olives, calabrese salami, fresh tomato, prosciutto, fetta cheese, cucumber & antipasto mix	10.90
<b>Bowl of Wedges</b> Chunky cut potato wedges with special seasoning & sour cream	7.90
<b>Bowl of Vegetables</b> Selection of three seasonal fresh vegetables lightly	7.90

#### Salads

23.90

Italian Side Salad Fresh lettuce, tomato, cucumber & olives with a balsamic dressing	6.20
Caesar Salad Lettuce, croutons, bacon, boiled egg, anchovies, parmesan, drizzled with Caesar dressing	13.50
Caesar Salad with Chicken Grilled chicken pieces tossed with fresh lettuce, croutons, bacon, boiled egg, anchovies, parmesan, drizzled with Caesar dressing	16.70
Caesar Salad with Prawns Pan-fried prawns tossed with fresh lettuce, croutons, bacon, boiled egg, anchovies, parmesan, drizzled with Caesar dressing	19.90
Mediterranean Salad Lettuce, cucumber, tomato, onion, fetta, olives with a balsamic dressing	11.40
Warm Chicken Salad Grilled chicken tossed with fresh lettuce, cucumber, tomato, topped with sun-dried tomatoes & drizzled with a tangy balsamic, mustard & white wine dressing	15.60
Smoked Salmon Salad Slices of smoked salmon tossed with a fresh garden salad, topped with slices of avocado & drizzled with a lemon dressing	17.70
Caprese Salad Sliced fresh tomato pieces & Fior Di Latte Mozzarella,	13.50

#### Ask about our **specials** of the day

topped with a basil & olive oil dressing

## **Desserts**

Tiramisu Coffee & liqueur infused biscuit cake with fresh mascarpone cream and sprinkled chocolate	7.90
Chocolate Mousse A temptingly rich, whipped chocolate delight for chocolate lovers of all ages	6.90
Affogato Scoop of vanilla ice cream drowned in espresso coffee	4.80
<b>Gelato</b> Your favourite ice cream flavours by the scoop in a cone or cup	
1 scoop         2 scoops         3 scoops           2.90         4.90         6.90	

### **Drinks**

Cappuccino	4.00
Caffé Latte	4.00
Flat White	4.00
Short Black or Long Black	3.90
Macchiato	4.00
Mochachino	4.00
Tea	3.90
Hot Chocolate	4.00
Iced Coffee or Iced Chocolate	5.80
Milkshake	5.80
Spider	5.50
Juice	3.90
Sparkling Water	4.20
Still Water (400 mL)	4.20
Soft Drink (330 mL)	4.20
Soft Drink (1.5 lt)	4.50

PRICES ARE SUBJECT TO CHANGE WITHOUT NOTICE. ALL PRICES INCLUDE GST.