

ALL DAY

THIN CRUSTED FLAT BREADS 12.00

- rosemary, red grape & blue cheese **V**
- thai chilli, coriander, spring onion & mozzarella **V**
- roast garlic, ricotta & fresh herbs **V**
- pesto & parmesan **V**

PIZZA

Small 18.90

Large 24.90

Half+Half add 2.00

- > margherita **V**
- > hawaiian
- > roast mushroom, sundried tomato, feta + basil pesto
- > salami, red onion, basil, chorizo + olives
- > smoked chicken, cranberry chutney + brie
- > butternut pumpkin, feta, pine nuts + fresh rocket **V N**
- > smoked salmon, red onion, caper, crème fraiche + rocket

BAR SNACKS

French fries & aioli 7.50

Prawn twisters & sweet chilli 9.00

Wedges & sour cream 9.00

Spring rolls & samosas 9.00

Bread platter 12.00
bread & dips

Combination platter 15.00
spring rolls, samosas & prawn twisters

Antipasto platter **Small** 45.00 **Large** 55.00

V Gluten Free **N** Contains Nuts **DF** Dairy Free **V** Vegetarian

For any other dietary restrictions please inform our friendly service team

rocksalt

BREAKFASTS

* 8AM - 12PM *

Your choice of toast, sourdough, rye or multigrain with house jams <small>GF N DF V</small>	7.50
Hash cakes, poached eggs & hollandaise <small>GF</small>	14.00
+streaky bacon	19.00
Belgian waffles <small>GF</small>	18.00
served with banana compote, maple syrup & bacon	
Eggs Benedict served on an english muffin topped with hollandaise	
+spinach <small>V</small>	19.00
+bacon	19.00
+salmon	20.00
Rocksalt big breakfast <small>GF</small>	20.00
eggs, streaky bacon, sausage, hash browns, mushrooms, tomato and toast	
Smoked salmon bagel <small>GF</small>	18.00
served with pesto, cream cheese & micro salad	
Eggs & toast <small>V DF</small>	12.00
two eggs cooked to your liking with a choice of ciabatta or whole grain	
+bacon	16.00
Muesli <small>N DF V</small>	13.00
served with cinnamon spice, toasted seeds and nuts, blueberry compote, Greek yoghurt and manuka honey	

KIDS BREAKFASTS

Belgian waffles 1/2 <small>GF</small>	11.00
served with banana compote, maple syrup & bacon	
Eggs & toast 1/2 <small>V DF</small>	8.00
+bacon	10.00

SIDES

Mushrooms	5.00	Bacon	4.00	Slow roasted tomatoes	4.00
Sausages	4.00	Hash browns	4.00	Gluten free toast	4.00

LUNCH

* 12PM - 3PM *

Soup of the day	12.00
served with ciabatta bread	
Seafood chowder	17.00
served with ciabatta bread	
Thai salad <small>N</small>	21.00
coconut, mint, coriander, red onion, kumara crisps, cashew + red curry dressing	
+ chicken	
+ beef	
Smoked salmon bagel <small>V</small>	18.00
served with ciabatta bread	
Roast beetroot, pumpkin and feta salad <small>GF N V</small>	20.00
with pine nuts & balsamic dressing	
Pasta of the day	20.00
Beer battered fish and chips	21.00
served with cabbage slaw, caper-gherkin mayo & fries	
Braised pork belly	21.00
served with port jus, salad and wedges	
Salt and pepper squid <small>N</small>	19.00
served with kumara chips,	
toasted cashews, chilli & cucumber pickle & sweet chilli jam	
Quiche of the day	18.00
served with salad	
Chicken and mushroom baked filo	19.00
served with salad	
BLAT and Fries	19.00
Eggs Benedict served on an english muffin topped with hollandaise	
+ spinach <small>V</small>	19.00
+ bacon	19.00
+ salmon	20.00

KID LUNCH

Chicken tenders and fries	10.00
Fish and chips	12.00
Small Hawaiian pizza and fries	12.00
Small meat lovers pizza and fries	12.00

STARTER

THIN CRUSTED FLAT BREADS 12.00

- ▶ Rosemary, red grape & blue cheese **V** ▶ Thai chilli, coriander, spring onion & mozzarella **V**
▶ Roast garlic, ricotta & fresh herbs **V** ▶ Pesto & parmesan **V**

LIGHT MAINS

Soup of the day 12.00

served with ciabatta bread

Seafood chowder 17.00

served with ciabatta bread

Salt and pepper squid **N** Entree 15.00 Light Main 21.00

served with kumara chips, toasted cashews, chilli & cucumber pickle & sweet chilli jam

Thai salad **N** Entree 17.00 Light Main 23.00

coconut, mint, coriander, red onion, kumara crisps, cashew & red curry dressing
• chicken • beef

Beer battered fish and chips 23.00

served with mesclun salad, tartare sauce & fries

Mussel Green Curry Entree 16.00 Light Main 24.00

Fresh mussels with coconut green curry

Pasta of the day 24.00

Pea, pumpkin and risotto with prawns and pine nut **N** 26.00

KIDS MEALS

Chicken tenders and fries 10.00

Fish and chips 12.00

Small hawaiian pizza and fries 12.00

Small meat lovers pizza and fries 12.00

MAINS

Braised pork belly **GF** 30.00

seasonal vegetables with potato mash, apple slaw & red wine jus

Cranberry brie chicken **GF** 32.00

chicken breast stuffed with cranberry n brie, wrapped with bacon, served with mash & seasonal vegetables

King salmon steak **GF** 32.00

pan fried salmon steak served on a panache of vegetables with citrus hollandaise

Angus rib eye - cafe de Paris **GF** 34.00

pan fried rib eye steak with herb butter served with red wine & thyme jus on either
• potato mash & vegetables • fries & salad

Lamb rump **GF** 36.00

mixed herb rubbed lamb rump served with seasonal vegetables, potato mash & red wine jus

SIDES

Green salad 7.00

Steam vegetables and garlic butter 7.50

PIZZA

Half+Half add 2.00

Small 18.90

Large 24.90

- ▶ margherita **V** ▶ salami, red onion, basil, chorizo + olives
▶ hawaiian ▶ smoked chicken, cranberry chutney + brie
▶ roast mushroom, ▶ butternut pumpkin, feta, pine nuts + fresh rocket **V N**
sundried tomato, feta + basil pesto ▶ smoked salmon, red onion, caper, crème fraiche + rocket

GF Gluten Free **N** Contains Nuts **DF** Dairy Free **V** Vegetarian

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French fries & aioli	7.50
Prawn twisters & sweet chilli	9.00
Wedges & sour cream	9.00
Spring rolls & samosas	9.00
Bread Platter	12.00
bread & dips	
Combination Platter	15.00
spring rolls, samosas & prawn twisters	
Antipasto platter	Small 45.00 Large 55.00

DESSERT

Apple tarte	14.00
vanilla bean ice cream + almond frangipani	
Chocolate almond torte 🍷	14.00
fig mandarin compote + whipped cream	
A selection of kapiti ice cream + sorbets	10.00
vanilla cream + berry compote	
Banoffee chimichanga	14.00
banana & caramel wrapped in a fried tortilla	
mango sorbet +berry compote	

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7 Normans Road, Elmwood Village
Telephone 355 5299
www.rocksaltcafe.co.nz

WHITE WINE

SAUVIGNON BLANC

house sauvignon blanc	8.50
the ned-2012 marlborough	9.00 38.00
astrolabe-2012 marlborough	10.00 45.00
george michel -2011 marlborough	10.00 45.00
pegasus bay-2010 waipara	12.00 55.00

CHARDONNAY

house chardonnay	8.50
kings series "the bastard" marlborough	10.00 45.00
main divide-2010 waipara	10.00 44.00
l'aurore bourgogne-2007 france	12.00 55.00

RIESLING

house riesling	8.50
main divide-2010 waipara	10.00 45.00
pegasus bay aria-2009 waipara	62.00

PINOT GRIS

house pinot gris	8.50
the ned-2012 marlborough	9.00 38.00
wither hills-2012 marlborough	9.00 38.00

BUBBLES

Lindauer brut cuvee / 200ml	10.00
Lindauer brut cuvee / 750ml	38.00
Te hana reserve cuvee / 200ml	11.00
Te hana reserve / 750ml	38.00
Daniel le brun / 750ml	55.00
Moet / 750ml	99.00

RED WINE

PINOT NOIR

main divide-2011 waipara	11.00	48.00
mt rosa -2009 central otago	12.00	55.00
pegasus bay-2009 waipara	85.00	

SHIRAZ

house red	8.50
haselgrove - First Cut australia	10.00 45.00

MERLOT

chateau lajarre-2009 bordeaux	10.00	45.00
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CABERNET SAUVIGNON

haselgrove - First Cut australia	10.00	45.00
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OTHER

geroge michel - rose-2011 marlborough	9.00	38.00
storiche chianti-2009 tuscan	9.00	45.00
virgin hills-1999 victoria	85.00	

CIDER

Cider	6.50
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BEER

Stella artois	8.00
Light beer	7.00
Speight's GMA	7.00
Mac's gold	7.00
Mac's black	7.50
Mac's hoprocker	7.50
Steinlager classic	7.50
Steinlager pure	8.00
Corona	8.00
Heineken	8.00

NON ALCOHOLIC

Orange juice	4.00
Apple juice	4.00
Cranberry juice	4.00
Tomato juice	4.00
Pineapple juice	4.00
Feijoa juice	4.00
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Diet coke / coke	4.00
Lemonade	4.00
Ginger beer	4.50
Lemon crush	4.50
Sour apple	4.50
Lemon, lime & bitters	4.50
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Liqueur coffees	11.00
Spirits	8.00
Sparkling water	9.00