Breakfast(8am to 3pm) TOASTIES, Bagels and Breakfast (GF bread available)

Grilled tomato, FETA, olive tapenade	\$ 9	ν
4 CHEESE toastie with dill pickle, fresh herbs	\$9	ν
Cheddar, SPINACH, mushroom	\$11	ν
Grilled CHICKEN , beetroot chutney & brie	\$11	
Minute STEAK, rocket, mustard & cheddar	\$11	
BACON, egg and cheddar	\$11	
Smoked SALMON , cream cheese & capers BAGEL	\$9	
Champagne HAM, mustard and coleslaw BAGEL	\$8	
BAGEL with plum preserve and cream cheese	\$6	ν
Full WINGMAN, 2 eggs, tomato, mushroom,		
bacon, chorizo ,hash brown grilled sourdough	\$18	
Eggs Benedict on freshly toasted bagels		
Spinach, hollandaise	\$14	ν
Bacon, hollandaise	\$15	
Salmon, hollandaise	\$16	

All day Dining (11.30 am onwards)

SMALL eats

Grilled SOURDOUGH with confit garlic, sea salt Basil & Kalamata Olive TAPENADE, Toast Skinny CHIPS/ garlic aioli SOUP OF THE DAY, warm grilled sourdough. MUSHROOM—TOFU DUMPLINGS, toasted sesame, citrus mirin FETA BEIGNETS, beetroot-raisin condiment, crushed olives, coriander CRISPY Chicken with Korean gochujang sauce, house made pickles SALMON, cured and smoked, cream cheese, bagel, red onion pickle CALAMARI FRITTI, avocado mango salsa, lemon PORK BELLY apple and red cabbage slaw, chorizo & cannelloni beans Hot "WINGS" sweet, sticky , spicy with chunky remoulade Angry PRAWNS tempura, sriracha mayo	\$7 \$7 \$9 \$12 \$12 \$12 \$12 \$12 \$12 \$12 \$14 \$14	V, V V LF LF LF LF LF
SALADS CAESAR Salad, croutons, bacon, parmesan, poached egg Steamed QUINOA, with Turkish spices, feta and Medjool dates ROCKET, radicchio, with parmesan, EVOO, balsamic	\$14, add \$14 \$12	d grilled Chicken \$4 V V, GF
MEAT platter with PORK belly, Gochujang Crispy CHICKEN and Hot WINGS , Assorted pickles, Dips, relishes, fresh grilled bread and salad.	\$40	
SEAFOOD platter, manuka smoked SALMON , Angry PRAWN tempura, CALAMARI fritti with pickles, relishes, fresh grilled bread and salad.	\$40	
BURGERS THE VEG BURGER, Grilled Onions, brie Cheddar, Sauteed Mushrooms BEEF burger, cheddar, beetroot jam, iceberg, bacon, sour cucumber, CHICKEN burger with brie, avocado mango salsa, ice berg, bacon STEAK & cheese, house mustard, double cheese, fried egg, pickles,	\$12 \$13 \$13 \$13 \$13	ν
BIG eats RICOTTA & Spinach tortellini with sage cream, parmesan and lemon SHORT RIB Bourguignon with sour dough Flat iron STEAK, glazed pakchoy and soy butter Corn fed free range BBQ CHICKEN with roast potatoes, cole slaw STEAK Frites, sirloin cut 300g with skinny chips, peppercorn jus, FISH & Chips beer battered w tar tare sauce, skinny chips and salad Long braised calamari, spinach, chickpeas and saffron,	\$21 \$23 \$23 \$26 \$26 \$26 \$26 \$23	V GF GF
DESSERTS BREAD & butter pudding N.Y. Style Baked lemon CHEESECAKE, Gluten free CHOCOLATE BROWNIE Selection of CHEESE (40g), crackers, honeycomb, relish Selection of KOHU road Ice cream	\$9 \$9 \$9 \$12 \$6	GF

Extras

Creamed SPINACH / Roast POTATOES/ side SALAD / Steamed PAKCHOY, Soy butter

Bacon/ egg/mushrooms/side CHIPS/side CHEESE

All our food is made fresh to order, we try and use free range and organic products when available. Gluten free bread is always available at no extra cost, please ask your server. Our food may contain traces of nuts, sulphites and allergens, In Case of Allergies and related conditions Please let the staff know. **'the Wingman'-café/grillshack/bar, 12 Beresford Square, tel-093090071,**

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