

MENU

7:30AM - 3:00PM



Toast & preserves	6.5
Granola, organic yoghurt, tea infused apricots	10.5
Bircher muesli, blueberry, goji berry & pistachio	10
Fresh chopped fruit, low fat yoghurt, quinoa crunch	10.5
Free range eggs your way on multigrain toast with tomato relish	10.5
Soft corn tortilla, chilli beans, avocado, coriander & fried eggs	15.5
Egg white omelette, hot smoked salmon, lemon & rocket	16.5
Gluten free gingerbread French toast, banana & maple crème fraîche	13
Crispy chicken, shredded cabbage, egg, kimchi mayo on a soft bap	15
Grass fed Angus open sandwich with tomato, rocket & mushroom ketchup	17
Detox salad, raw grated carrot, beets, seeds, raisins, sherry vinegar & herbs	15
Organic brown rice salad, tomato, cucumber, baby spinach, soy & fried shallots	15.5

SIDES

Tomato, avocado, potato rosti	4
Streaky bacon, smoked salmon	5

(Gluten free bread available)

**SEE CABINET FOR TODAY'S SELECTION OF
FRESH SALADS & SANDWICHES**

Please place your order at the counter