# **Atico Cocina**

## **Tantalisers**

<b>Breads and Dips</b> A selection of fresh breads, served with homemade	
country dip	\$12
Caribbean Style Ceviches Tuna and Mango Ceviche	\$16
Market Fresh Fish of the day	\$16
Arepas (x2) Traditional grilled corn bread from South America	
Combination of Feta and Mozzarella cheeses	\$16
Spanish Chorizo and Manchego	\$16
<b>Colombian Style Empanadas (x3)</b> Slow Roasted Prime Jerk Angus beef, Charred Corn Coriander Salsita	\$16
Jerk Duckling Feijoa Relish, Mango Salsita	\$16
Chargrilled Vegetables, Tomato, Jalapeno Salsita	\$16
<b>Cuban Style Prawns</b> Fried Prawn Cutlets, crisp shredded Coconut Batter served, Chipotle Aioli	\$18
Jamaican Chicken Jerk Charred Chicken Jerk, Spiced Mango Rice & Beans, Minted Honey Yogurt	\$16
<b>Sopa de Mariscos</b> Crayfish Bisque, Roasted Peppers, Corn, Zambuca Salsa, Plantain Crisps	\$16
Cangrejo Martinique	
Waikanae Crab baked in Jalapeno Crème Fraiche, Tuna Wafers and Crutones	\$18
<b>Croquetas de Cerdo</b> Pork Jerk Croquettes with Aioli	\$12
<b>Calamares a la Diabla</b> Seared Squid, Garlic Chilli Roasted Pepper Sauce, Crisp Shallots, Tomato Rice	\$16
<b>Yuca Chips</b> Casava hand cut chips with Argentinean Ahogado	\$7
<b>Tostones</b> Sweet Deep Fried Plantains Abuelita (granma) style with dips	\$8
<b>Patatas Bravas</b> Old Spanish traditional hand cut potatoes served with Caribbean tomato sauce	\$8.50
<b>Cerdo Guadeloupe</b> Smokey Pork Jerk, sticky glaze, spiced sesame slaw	\$ 16
<b>Barbados Fries</b> Crispy chunky hand cut fries with lime and parsley aoli	\$8.50
<b>Cuban Tortilla</b> Baked charred vegetable cake, olive tapenade, crutones	\$15

<sup>\*</sup>Prices and availability subject to change without notice Up to date as of 02/07/2012





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Mains

California Committee	
Cabra al Curry Braised Premium Spiced Goat Caribbean Curry served with rice and Platain chips	\$32
<b>Puerto Rican Pork Chop</b> Charred Pork Chops, Sweet Potato Jerk Pork Croquette, wilted greens, smoked tomato BBQ sauce	\$34
<b>Argentinian Skirt Steak</b> Chargrilled Prime Angus Quality Beef, 'Torta de Platano Maduro' and fresh Chimichurri Salsa	\$36
<b>Yucatan Tuna</b> Pan Seared Citrus Infused Yucatan Style Tuna with rice pilaf and spicy salsa	\$34
<b>Arroz con Pollo</b> Palomino Style Quintessential Latin American Chicken and rice dish with Spanish chorizo	\$29
Saint Martin Champignons Roasted Mushroom Blue Cheese Tart, wild rocket, fruit and roasted walnut salad	\$24
<b>Lomo Apanado</b> Chargrilled Eye Fillet marinated with fresh ground coffee and pepper, 'Patatas Gratinadas' and Blue Cheese and Brandy sauce	\$36
Caribbean Pato Duckling Jerk, plantain mash, soy bokchoy, honey fig jus	\$38
<b>Pastel Curacao</b> Baked Oxtail Pastry, creamed nutmeg spinach, rich dark chocolate jus	\$29
<b>Dominican Seafood</b> Prawn, mussels, white fish, squid in a rich crayfish okra rice	\$36
Market Fish of the Day Ask our Waiters about Today's Special	\$TBA
Sides	
Coconut Rice	\$7
Patatas Bravas	\$8
Seasonal Vegetables	\$7.50
Creamed Nutmeg Spinach	\$7.50
Ensala	
St Lucia	
Chargrilled Calamari, Tomato, Cucumber and Rocket Salad with marinated Feta Cheese	\$18
<b>St Martin</b> Chargrilled Sea Scallops with Avocado and Apple Salad	\$22
<b>St Andres</b> Chargrilled Prawn Cutlets served with a Cilantro And Garlic Dressing on a bed of fresh salad leaves	\$22
<b>St Catalina</b> Grilled Portobello Mushrooms brushed with Mint Pesto	\$18

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## Postres (Desserts)

<b>Delicia Cubana</b> Coconut Latin flan served with guava sauce	\$14
Cafe Y Chocolate (Atico's signature dish) Semisweet brioche chocolate and Colombian coffee desert, in a bread pudding style	\$15
<b>Dulce de Leche</b> Caramel flavoured fruit pie served with lashings of Colombian coffee cream	\$14
<b>Trio de Sorbetes</b> Artisan Tropical fruit sorbets including Mango from Colombia, Lime from Brazil and Cuban Rum Coconut Dairy and gluten free	\$12

## **Express Menu**

\$15

#### **Bahamas Burger**

Chargrilled Jerk Premium Burger on Turkish Bread, Feta Cheese, Salad and Yuca Chips

### Ocean Delight

Chargrilled Squid and Prawn Salad, Mixed Leaves, Cucumber and Feta Cheese Vinaigrette

#### **Cuban Tortilla**

Roasted Vegetable Frittata, Grilled Pineapple and Mango Salsa (v) (gf)

#### **Barbados Spiced Fish and Chips**

Coconut Battered Tarakihi Fillet with hand cut Fries and Lime Aioli

Add \$5 and get a glass of wine, beer, soft drink or coffee

From Monday to Friday 11:30am to 2:30pm

Not valid with other offers, discounts or vouchers

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