



Breakfast - All Day

Whipped Avocado, tomato and cold smoked salmon on gluten free coconut bread with a passion fruit dressing

- option soft poached egg - \$13.50

The ultimate Seeded delight, seed and chia mix, chopped fresh herbs and spinach and a soft poached egg on mixed grain (gluten free - optional) with Gaskets own tomato relish & cottage cheese - \$12.00

Slow poached Pear on toasted Spiced Cranberry Sourdough with, whipped honey balsamic ricotta and toasted Almonds - \$10.20

Home made Baked Beans with soft poached eggs on toasted Kumura and sunflower bread - \$12.00

Lunch - From midday

Blackened Chicken on Coconut infused red rice, finished with a pineapple and watercress salsa

- served with toasted Ciabatta - \$14.50

Seared Tuna on Asian shredded salad with pickled ginger vinaigrette and edamame puree.

- served with toasted Ciabatta - \$16.50