# MORNING TEA & EXPRESS LUNCH

Available 9am- 5pm

Cakes/slices/savouries @ the counter from				
Muesli	H/M toasted with honey, poached fruit and yogurt	9		
Croque Monsieur french hot ham and cheese sandwich, dipped in egg and baked				
Croque Madam french hot ham & cheese sandwich, topped with hollandaise & fried egg				
Eggs any style on 7 grain with bacon and tomato				
Designer Sandwich OR wrap made fresh Takeaway or have here				
Risotto house smoked chicken , mushrooms, rocket, drizzle of olive oil				
Panini Cajun chicken, tomato & cheese toast, roast capsicum & lime chutney				
Omelette	3 egg choose 2 fillings, tomato, cheese, mushroom, bacon with toast	11		
Creamy Mushrooms, sautéed with Cajun spice in a creamy sauce served on toasted 7 grain				
ADD FREE RANGE bacon or FREE RANGE eggs @ \$2 extra each serve				

# BREAKFAST & LUNCH

Soup of the Day	* - with fresh bread			11
	er* - an all time favourite with fres	h bread		12
Sweet corn Fritt	ers* - with bacon, mango & aprico	t salsa		16.5
French toast	cinnamon toast with bacon, bana	na & maple syrup		16.5
Montrose Break	fast* - hash browns, bacon, tomat	o, mushrooms,		
	eggs, sausage &seven grain toast	(½ serve 12)		18
Eggs Florentine	<ul> <li>Poached Eggs on a Toasted croiss</li> </ul>	ant, spinach		
	with Hollandaise Sauce Bacon	16.5	House Smoked Salmon	17.5
Caesar Salad*	Cos lettuce, croutons, anchovies,	crispy bacon, parm	esan, with a poached egg.	21
	Add roasted sliced chicken for just	t 4.0		
Pasta of the Day - our friendly staff will advise				
Montrose Chicken Burger toasted focaccia, aioli, salad greens and				
	tomato with onion relish, brie, av	ocado and fries (op	oen burger)	17.5
Fish of the Day*	- battered or crumbed or special e	gg batter with		
	mixed salad, homemade tartare S	auce & fries		24
Scotch Fillet steak*(200gm) lightly peppered, Grilled as requested, fries and salad				
	served with mushroom sauce.			24.5
Creamy Mushrooms, sautéed with Cajun spice in a creamy sauce served on toasted 7 grain				15
Kumara Fries with Homemade Garlic Mayonnaise* 7.0				
	Fries Standard* 5.5 Ga	rden Salad* 4.5	H/M Onion Rings 4.5	



Montrose fries with special fry sauce\* 6.5

\* These dishes can be GLUTEN FREE, please inform your waiter

# **DINNER MENU**

5pm until late

### **ENTREES**

Montrose Cobb	fresh baked bread loaf with garlic butter	2ppl 8	4ppl	10
Soup of the Day*	with fresh bread (waiter will advise) (GF)			11
Seafood Chowder*	simply divine, with mussels, squid, fish, shrimps, clams in a thick tomato base			12
Little Dippers	a selection of mini spring rolls and samosa served with chilli, honey soy			
	and aioli dipping sauces (V)			12.5
Crumbed Scallops*	on a lemon thyme gratin, baby leaf salad, tartare sauce (GF)			16.5
Chicken Livers*	Cajun spiced, baby leaf salad, roasted vine ripened tomatoes (GF)			11.5
Mussel Fritter*	fluffy fritter with salad, toasted bread and aioli (GF)			12
Prawns	prawn tails wrapped w spring roll paper, dipping sauces		2	15.5
Crumbed Camembert	lightly crumbed shallow fried with Tuscan chutney			14
Calamari	crispy coated served on a bed of salad greens, honey mustard dressing			14
Shrimp & Avocado Cocktail* salad greens topped with our classic dressing (GF)				
White bait fritter*	with salad, aioli and toasted bread (GF)			14.5
Bruschetta	topped with tomato, Spanish onion, basil pesto with toasted focaccia			10

### SALADS AND LIGHT MEALS

Lamb Salad*	bbq seasoned lamb fillets with roasted capsicum, olives feta, sun dried	21
	tomatoes, salad greens, coriander & lime dressing (GF)	
Caesar Salad*	Cos lettuce, croutons, anchovies, crispy bacon, parmesan cheese, caesar	21
	dressing and poached egg (GF)	
Warm Potato & Chicken Salad* baby potatoes, with cajun sliced breast of Chicken, together with bacon mayo (GF)		

PASTA		Medium 22	Large	26
Fettuccine	sautéed mushrooms, bacon, and chicken bound in creamy sauce OR w	vith our		
	basil tomato sauce.			
Jambalaya Penne	Chicken, Spanish sausage, prawns, penne pasta together with a light			
	Cajun cream sauce			

### Check out the delicious desserts near the back of the menu NOW also available in ½ servings.

Real Food - Real Service - Real People Montrose CAFE · BISTRO · BAR

# **MAINS**

## (served with either fresh vegetables or garden salad)

Lamb Shank/s *	braised with tomato and thyme, family recipe with creamy potato mash,	(1) 26
	mediterranean and thyme salsa (GF)	(2) 31
Beef Wellington	mushroom, onion, pate and eye fillet, wrapped in pastry served	
	buttered wilted spinach, port wine jus	31.5
Scotch Fillet* (250gm)	want a larger steak we cut to order grilled as requested served with mushroom sauce (	GF) 32
Fresh Fish*	crumbed, battered, panfried, grilled, steamed, egg battered (GF)	31.5
Roasted Pork Belly*	Chinese spice, kumara rosti, asian greens, with a beetroot relish, jus (GF)	32
Chicken Breast	filled with a pepper cream cheese, crumbed and oven baked	31
	finished with apricot, mango and brandy sauce	
Prime Fillet Steak* (180	Ogm) wrapped in bacon grilled as requested, mushroom risotto cake,	33
	steamed spinach, field mushroom, jus (GF)	
Beef and Guinness Hot Pot slow cooked beef with vegetables in a rich guinness and herb gravy,		
	puff pastry top	
Salmon Fillet*	smoked to order, with hickory, on a potato and dill gratin, vine	32
	ripened tomatoes and balsamic glaze. (GF)	
Duck Roasted*	Chinese spiced duck leg and breast on crispy potato cake,	33
	topped with tamarilo and pomegranate chutney	

\* These dishes can be GLUTEN FREE, please inform your waiter

## **EXTRAS**

Kumara fries with home made aioli*			
Garden salad, fresh vegetables, potato*			
Standard fries*			
Montrose fries large bowl with special fry sauce*			
Side Caesar salad *			
Homemade Onion Rings		4.5	
Rocket & pear salad, roasted walnuts, balsamic dressing*	(GF)	8.0	

### • One Account per table

A small charge of 3% for use of Amex or diners cards. •

#### • NO surcharge on Public holidays

• All menus and prices are subject to change





# **BISTRO MAINS**

Homely style meals, like grandma used to make

Venison pie with vegetables slowly cooked with green peppercorn gravy, crispy pastry with garden salad, fries 25.5

Vegetable hot pot\* (GF)(V) eggplant, courgette, bell pepper, tomatoes, olives, beans, potato, slow cooked with herbs 24.5

Bangers and Mash, savoury sausages, creamy mash, gravy & peas 24.5\*(GF)

Pumpkin ricotta and spinach lasagne (V) layered with tomato sauce and cheese, with fries & salad 24

Vegetable stack\*(GF)(V) field mushrooms, eggplant, courgettes, slow roasted tomatoes, bell pepper, basil pesto drizzle 24.5

> Chicken & leek pie creamy chicken and leeks topped with mash potato and cheese, fries and salad 25

> > **DESSERTS (desserts on next page)**



### Half serves, perfect way to finish you evening. \$9



**DESSERTS** 

12.5

Chocolate	late Mousse Cake layers of chocolate mousse and sponge, smothered with hershey's chocolate								
	sauce and fresh cream*								
Sticky Date	e & Pear pudding	<b>g*</b> home mad	de bu	utter scotch sauce	and fres	h whipped cream,	house sp	eciality	
Apple Pie		served warı	served warm sweet short pastry, an old favourite served with vanilla bean						
		ice cream, f	resh	cream.					
Cardamon	& Orange Crèm	e Brulee* c	ruste	ed with caramel to	p, fresh	whipped cream &	Almond	Biscotti	
Brownie		chocolate a	nd b	utter scotch warm	ied, ice c	ream, chocolate s	auce, ang	glaise and	cream*
		Add 1 scoo	o ice	cream	2				
Cheese Bo	oard Puhoi Valley	two varietie	s for	One person	12.5	Two people	17.5		
		four varieti	es fo	r One person	17.5	Two people	22.5		
	*(G	iF) Can be glu	ten f	free dishes please	inform v	waiting staff if you	ı		
			R	equire gluten free	dishes.				
Port									
Taylors Fine Tawny 8.5 Taylors 10 Years 9.5 Taylors Ruby Port					8.5				
Dessert Wi	ine								
Brown Brothers Orange Muscat				8.5 gl	29 btl				
COFFEE									
	Decaffe coffee available					4			
	Chai Latte, Flat white, Latte					4			
	Cappuccino or Moccacino, Hot Chocolate					4			
	Long Black					4			
	Short Black					4			
	Plunger Coffee					4.5			
	Kids Fluffy					1.0 0.5			
	Soya milk Ice Coffee and Ice Chocolate					5.5			
	Fresh Fruit Smoothies (on black board)					6.5			
Teas	English breakfast - Earl Grey (Tea Total) 6.5								
Herbal Tea	(Tea Total) Mango star, Grapefruit & bitter lemon, Energizer, Mojito green 4								
		50 star, Orapt	in un		iner gizer			4	



Amarula, Baileys, Drambuie, Glayva

